



Inactive Teens

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Why Teenagers Aren't Spending Time Outside

- Teenagers are spending less time outside because there is too much school work and after school activities. (How do you Spend your Free Time Survey)
- Technology is a contributing factor to the decreasing number of young adults not being outside. (*How do you Spend your Free Time Survey*)
- Teenagers don't spend time outdoors because they have homework to do. (*How do you Spend your Free Time Survey*)
- Children often have difficulty going outside because, they don't have much free time according to data found on The Nature Conservancy website, and out of the class survey

How was Data Collected

- We collected data from credible websites that gave us many reasons as to why teenagers aren't going outside
- We reached the conclusion, that teenagers don't spend time outside because of technology
- We reached this conclusion because many of the websites we researched had articles that were about technology such as The Nature Conservancy
- Lastly, we used our class survey (How do you Spend Your Free Time) to help with our conclusion.

What are the Consequences/What week

- Researchers found that memory performance and attention spans improved by 20% after spending an hour outside(phys.org)
- People who don't go outside don't have as strong of memory performance and attention spans as people who spend time outside(phys.org)
- 1 out of 3 American children are overweight because they don't live active lifestyles(kidshealth.org)
- Spending time in front of technology causes people to be more stressed(earlychildhoodnews.com)

Why are these Consequences Important

- Obesity can cause, high blood pressure, asthma, and diabetes(earlychildhoodnews.com)
- Low attention spans can affect a students performance at school(theguardian.com)
- Stress can cause headaches, anxiety, and high blood pressure(webmd.com)

How Week

- For our campaign we made a facebook page
- The facebook page allows young adults in Jefferson County to get frequent updates about upcoming outdoor events
- We believe that informing young adults about outdoor events will encourage them to get outside more often
- We hope this page will cause the number of teenagers who spend time outside, to increase

Why did we decide to make a facebook page?

- We will get the attention of all the people on facebook
- Allows us to spread the word of our campaign to a large population of Jefferson County
- There are numerous different outdoor activities that will be posted on our page, and that will help satisfy everyone because there is a large range of different activities to do



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Community

A Jeffco campaign to help make teens in Jeffco aware of outdoor activities.



13



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Posted by Ryan Creger [?] · May 3

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JeffcoPlay

@JeffcoPLay

A Jeffco campaign to make teens in Jeffco aware of outdoor activities.

 **JeffcoPlay** @JeffcoPLay · 6s

Come Friday, May 9, 9:30 am - 2:00 pm to Building and flying kites go to

s526281147.initial.website.com for more



Welcome to our website.

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Upcoming Events



Blowin' in the Wind...
An Interactive Exploration of Kites in Flight

Blow us (and kids) further, and faster you fly, when the time is right about that Kites? Blow us to an interactive program where you will build and fly your own kite while discovering the science behind why and how kites create thousands of years ago.

Who: Ages 8+, parents welcome to register
When: Friday, May 9, 9:30 am to 2 pm
Where: meet at the Chisholm Park Pavilion (224 Hunt St.) at 9:30 am. Plan to carpool or ride bikes from the Chisholm Park to the soccer fields on Hillside.
Cost: \$15, scholarships are available.
PLEASE PREPARE minimum of 8 participants needed, max of 15.
To register, call 329-6728 or stop by the post.
Sponsored by

Blowing in the Wind

When?: Friday, May 9, 2014 - 9:30 am to 2:00 pm

What?: Building and flying kites

How much?: Ages 8+ cost is \$15

Registration?: registration required call 719-339-6736

Where?: 224 Hunt Street, Suite 2 CO at the Chisholm Park Pavilion & Ben Osward Field



Nocturnal Animal Campfire

When?: Friday May 9, 2014 - 6:00 pm to 8:00 pm

What?: Families and children invited to attend a campfire talk about nocturnal animals

How much?: Free

Registration?: No registration required

Where?: 2202 N County Rd 112, Loveland CO A, B Building Cottonwood Campground

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Contact Us

E-mail: jeffcoplay@gmail.com

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Please enter the code

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Events in

On this page, you can find out for yourself about what is going on in Jefferson County. Please contact us if you would like to organize an event and publicize it on this website.

Coming Soon:

When?: Friday, May 9, 2014 - 9:30 am to 2:00 pm
What?: Building and flying kites
How much?: Ages 8+ cost is \$15
Registration?: registration required call 719-530-6736
Where?: 324 Hunt Street, Salida CO at the Olinholm Park Pavilion & Ben Osward Field

When?: Friday, May 9, 2014 - 6:00 pm to 8:00 pm
What?: Families and children invited to attend a campfire talk about nocturnal animals
How much?: Free
Registration?: No registration required
Where?: 2720 N County Rd 102, Loveland CO A/B Building Cottonwood Campground

When?: May 10, 2014 - 7:00 am to 7:00 pm
What?: Bird banding, Bird walks, and volunteer restoration projects
How much?: Free
Registration?: No registration required
Where?: Lee Martinez Park & Fort Collins Museum of Discovery

When?: May 11, 2014 - 7:30 pm to 9:00 pm
What?: Hike during a full moon
How much?: \$2.00
Registration?: Registration required at <http://lakewood.org/parkprogramsandevents/>
What to Bring?: Water, Camera, Hiking shoes, and Warm clothes
Where?: 2900 S Estes St. Lakewood, CO at Stonehouse Shelter

When?: Friday, May 16, 2014 - 8:30 pm to 10:30 pm

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Name:
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