2013 Summit on Aging Well in Jefferson County

"Living on the Edge"

Key: Medical Community Family Service Education Other

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Pre	e-Summit List of Workgroup Topics	From the Summit		
Current State Conditions		Desired Future State Conditions	<u>Identifiable Gaps</u>	Ideas and Actions on Closing the Gaps
1.	Living much longer but aging faster than peers without disabilities	More integrated service system	Invisibility-lack of support during transition times	Education and public awareness
2.	Most have very limited income—Limited or no option for retirement	Resources available for family and caregiversaccess to info	Lack of financial resources in crisis situation. WAITING LIST	Policy and incentives at workplace
3.	People are isolated because of their disability	To allow more independence	Decreasing Transportation Resources	Get to know someone w/IDD on a personal level
4.	Shrinking numbers of providers	Involving more people in lives-not paid	Involving people w/IDD at the planning table with accommodations to be welcoming experience	Educate officials/legislatures
5.	Siblings get increasingly involved	Increase options for respite	Difficult to navigate written materials. To know available resources	Looking at <u>coordinating</u> services i.e: transportation /medical appointments
6.	Services are often confusing	Networking options, natural supports	Silos of access to resources/intakes	Repackaging available resources
7.	Outliving parents and may no longer have families involved	More providers, more funding, more medical care and coordination, residential	Dwindling financial resources decreasing funding	Including the needs/wishes for those involved
8.	Parents take care of person with I/DD for a lifetime—not years as families taking care of parents	Help employers understands capabilities	Increase quality of life factors	People-centered values/philosophy
9.	Caregiver burnout is very possible—parents age faster because of ongoing stress	OUTREACH to general public	Employment	Welcoming (accessible) to people with IDD Run by people with IDD

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10. Difficult to plan and discuss legal issues like guardianship, POAs, end of life wishes and especially death	Shared databases/materials/intakes
11. Need more education on aging issues of people with I/DD and parents themselves	Increase quality of Life Factors
12. People need people in their lives who are available and not paid	
13. Accessibility of Transportation	
14. Livable wage (added in number 2)	

List of the top two (2) Actionable Ideas:

- 1. Look for more opportunities to get to know people with IDD. Then empower and train people with IDD for more community involvement including input on boards, committees, policy development and social engagement.
- 2. Repackage resources by collaboration and coordination of services using person-centered values and philosophies