

## Aging Well in Jefferson County

Mission: To develop and implement strategies creating inclusive, livable communities through sustained partnerships and integrated services.

Vision Statement: Jefferson County: A thriving community for aging well.

### Physical and Mental Health, Wellness/Prevention Workgroup

Agenda: February 1, 2010

Introductions

Announcements

Project updates: Colleen or Beth, Ad Hoc Information and Referral committee  
Susan Franklin, Funding and future directions

Discussion: How might this inform our work going forward

POD research reports/suggestions:

POD 4, Increasing community awareness of unique needs of seniors

POD 3, Increasing wellness/prevention programs

POD 2, Access to affordable health care

Discussion: Where do we go from here, further research, select goals, etc

Next meeting: March 1, 2010