

Aging Well Jefferson County:  
Social & Civic Engagement Committee

Minutes November 7, 2011

**Attendance**

- Jennifer Martinez, JeffCO DHS Options for Long Term Care
- Nicole Hartog: DRCOG, information/assistance/referrals, Adult & Disability Resource Center, hopefully by 2012
- Glen Houpt, JeffCO Human Resources
- Lynn Frost, Training Coordinator in Community Assistance Dept, Cultural Navigator for Poverty Measurement
- Nancy Wellnitz, APEX Parks & Recreation district
- Nicole Iarrobino, St. Anthony Hospitals Health Passport
- Susan Franklin, Jefferson County

**Lifelong Learning & Network of Care: Next steps for our group**

- Planning for how we will partner with DRCOG
- Lifelong learning opportunities will meet the needs of adults 60+
  - To increase connections between programs and people by creating a database of providers of lifelong learning programs
- Network of Care can provide solution to this objective, rather than creating an new database
- Our committee's role is to advocate for Network of Care and promote throughout community
  - **By December** Step 1: Build list of lifelong learning providers in Network of Care
    - Gather a list of providers to include on Network of Care **(Jennifer to ask Cindy & Rebecca if they have a list, Committee Members will send lifelong learning provider listings they have to Jennifer before next meeting)**
    - Map of cultural & recreation centers is available from initial report (needs updating, **Jennifer will email Dennis**)
    - Synthesize keyword searches, calendar view options, location searches within calendar
    - Send out a form letter to reach out to facilities to see if they'd like to be included

- Introduce Network of Care & list benefits of being included on the site
- Include demo schedule for Network of Care to lifelong learning providers by geographic location, identify training sites
- DRCOG may have funds for a physical mailing, or look at doing an email
  - Focus on non-profit, government, health-oriented community education
- Step 2: Promote Network of Care to community members
  - Once more entries are in, we can start promoting to users

### Report out from Leadership Meeting

- 2011 Annual Report from the Colorado Commission on Aging is out
- Proposals submitted to Leadership Committee for funding
  - Basic Needs Committee, \$1500: Assure older adults will receive adequate financial resources to meet basic needs
    - Medicare Savings Plans & Low Income Subsidies are available and they are underutilized
    - Would like to do marketing campaign to do mailing to low income seniors
  - Health & Wellness Committee, \$1900: Provide training for 5 instructors on Tai Chi & N'Balance, two evidence based fall prevention programs
    - In conjunction with Wheat Ridge Active Adult & APEX Rec Center
  - Housing Committee, \$1500: Models of affordable senior housing are available in Jefferson County; increase # of accessory dwelling units (ADU)
    - Hire intern from UCD to research trends in ADUs and then go to the county with recommendations for updating/changing rules to be less restrictive
- 2012 Summit on Aging– planning, location, agenda
  - Marketing to professionals AND to seniors?
  - Looking at another June date
  - Planning meetings – 10:00 AM on 1<sup>st</sup> Thursday of the month at Seniors' Resource Center, First meeting is December 1<sup>st</sup>, all are welcome to attend

- Senior Law day is Saturday, June 2<sup>nd</sup>
- Annual Report 2010-2011 handed out

**Discussion: How Social & Civic initiatives can mesh with County HR?**

- How do we connect senior resources and recent retirees from Jefferson County
- Communicating resources to HR management & current employees
- Part time retirement options, volunteering options, phased retirement
- JeffCO employee retirement association?

\*\*How do we continue moving the ball forward with Volunteering & Work while we are working on DRCOG initiatives?

**Next Meeting**

- December 5<sup>th</sup>, 12:30 – 2:00 PM is currently our next meeting; HOWEVER:
- **Jennifer will send out a Doodle to everyone to gather consensus on meeting day/time**