

**Jefferson County  
Criminal Justice Strategic Planning Committee (CJSPC) Meeting**

May 19, 2010  
5:00 pm to 7:15 pm  
Administration and Courts Building  
Lookout Mountain Room

**5:00 p.m. – 5:15 p.m.**  
**5:15 p.m. – 7:15 p.m.**

**Dinner and Socializing  
Business**

**AGENDA**

1<sup>st</sup> Judicial District Court  
Jefferson County Court  
1<sup>st</sup> Judicial District Administration  
Jefferson County Board of County Commissioners  
Jefferson County Administration  
1<sup>st</sup> Judicial District Attorney's Office  
Colorado State Public Defender's Office  
1<sup>st</sup> Judicial Bar Association  
Jefferson County Sheriff's Office  
Lakewood Municipal Court  
1<sup>st</sup> Judicial District Probation  
Lakewood Police Department  
Arvada Police Department  
Golden Police Department  
Wheat Ridge Police Department  
Rocky Mountain Offender Management Systems  
Intervention, Inc  
Jefferson Center for Mental Health  
Jefferson County Human Services Department  
Jefferson County Justice Services Division  
Lakewood City Council  
Jefferson County School District  
State of Colorado Parole & Community Corrections

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|---|-------------------|
| 1. Approve the minutes of the March 17, 2010 CJSPC meeting  | Jackson           |
| 2. Learn about the new, grant-funded Footsteps Program for women  | Sengenberger      |
| 3. Receive a brief update on the System Performance Subcommittee's Jefferson County Bail Impact Study                             | Lammers/Mundell   |
| 4. Obtain information on the Mental Health & Substance Abuse Subcommittee's Jeffco Partners Promoting Independence (JPPI) program | Hall              |
| 5. Receive a brief update on the LifeSkills Training Initiative   | Kilpatrick/Kollar |
| 6. Discuss new research on evidence-based decision making in local criminal justice systems, and implications for Jeffco          | Jones             |
| 7. Inform each other about changes in our own agency that may affect the workload of other agencies in the justice system         | All Members       |
| 8. Prepare for and schedule the next CJSPC meeting on Wednesday, July 21, 2010, 5:00 p.m. to 7:15 p.m.                            | Jackson           |

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**The next regularly scheduled CJSPC meeting is: Wednesday, July 21, 2010,**  
Lookout Mountain Room, Jefferson County Administration and Courts Building

**Members Present:** R. Brooke Jackson, Jack DeVita, Faye Griffin, Harriet Hall, Lynn Johnson, Cheryl Lammers, Bill Kilpatrick, Jeaneene Miller, Gail Meinster, Ralph Schell, Kelly Sengenberger, Vicki Stack, Cindy Stevenson

**Members Absent:** Dan Beeck, Dan Brennan, George Boyle, Tom Giacinti, Bridget Klauber, Ted Mink, Maureen O'Brien, Kevin Paletta, Jackie Senese, Scott Storey, Don Wick

**Alternates Present:** Tom Bay, Joe Cassa, Leslie Holmes, David Jones, Jason Lucero, Patsy Mundell

**Guests Present:** Jim Greco, Intervention; Gregg Kildow, Intervention, ICCS; Scott Powers, Intervention, ICCS; Peg Rider, Intervention, ICCS; Brenidy Rice, Jefferson County Recovery Court; Sharon Meyers, Treatment Provider; Brian Stanley, Treatment Provider; Leslee Waggener, RMOMS

**Staff Present:** Mike Jones, Lynne Nieman, Tim Schnacke, Dorian Wilson, Claire Brooker

### Agenda Item

#### **Approve CJSPC meeting minutes.**

- The Minutes from the March 17, 2010 meeting were approved as submitted.

#### **Learn about the new, grant-funded Footsteps Program for women (power point and folder handouts).**

- This program is a grant funded program that pays for treatment and services for women leaving the Jefferson and Boulder County jails. Intervention, ICCS recognized a gap in treatment and services for this population.
- The program will provide a continuum of care for women who begin their treatment in the jail, but who need treatment and services after they transition to Community Corrections, Probation, or the community.
- Footsteps will serve 100 women each year.
- The program is voluntary.
- There is a global screening process in order to determine each woman's individual needs. The treatment and services are then customized to meet their needs.
- There is case management throughout the program.
- Footsteps includes a peer mentoring component.
- Because there are very limited programs out there like this, Footsteps will measure its effectiveness.
- The program will be evaluated with the help of the Criminal Justice Planning (CJP) staff.

#### **Receive a brief update on the System Performance Subcommittee's Jefferson County Bail Impact Study.**

- CJP staff is continuing to analyze the data, so the Subcommittee has not met in a few months.
- The Subcommittee plans to meet in mid-June. Staff should have completed some of the data analysis by then.
- Tim Schnacke informed the CJSPC members that there is a potential ballot initiative that could affect bail administration and pretrial services programs around the state. (see handouts)
- Members voted in favor of allowing CJP staff to create a document that describes the initiative and its implications. Members will receive the document so they can understand the issue and communicate with their colleagues and statewide organizations.

#### **Obtain information on the Mental Health & Substance Abuse Subcommittee's Jeffco Partners Promoting Independence (JPPI) program.**

- Harriet Hall thanked those who assisted with the Mental Health Collaboration grant that was submitted in April. She will find out in August or September whether Jefferson County will receive the funding.
- The Subcommittee is in a good position to move forward on what it discovered through the work it did on the Intercept Model.

- JCMH is partnering with the CO Division of Criminal Justice to develop a grant-funded program to deliver mental health services to community corrections diversion clients.

**Receive a brief update on the LifeSkills Training (LST) Initiative.**

- The schools have seen a huge increase in interest in the LST program during this past school year.
- The Subcommittee wants to determine how many kids are receiving LST, as well as at what level/degree. The Prevention Subcommittee is also trying to figure out how much money and other resources are needed to sustain LST.
- The Subcommittee is also re-focusing some energy back into environmental strategies to reduce youth substance use.

**Discuss new research on evidence-based decision making in local criminal justice systems, and implications for Jeffco (power point handout).**

- There has been a national emphasis over the past few years for the justice system to be more evidence-based.
- Why now? It appears that:
  1. Citizens and governments cannot financially afford many of the policies and practices of the past.
  2. Enough research has now accumulated, showing that more cost-effective policies, strategies, and practices exist.
- Two out of three people recidivate after coming out of prison. Is there a better way to do business so we can prevent this from happening? We all want folks to come out of prison or jail and NOT commit crime.
- There are 4 principles underlying the evidence-based framework. (see power point handout)
  1. Principle 1: The professional judgment of criminal justice decision makers is enhanced when informed by evidence-based knowledge.
  2. Principle 2: Every interaction within the criminal justice system offers an opportunity to contribute to harm reduction.
  3. Principle 3: Systems achieve better outcomes when they operate collaboratively.
  4. Principle 4: The criminal justice system will continually learn and improve when professionals make decisions based on the collection, analysis, and use of data and information.
- There are dos and don'ts of recidivism reduction. One of the major research findings, for example, is to use more positive reinforcement than punishment to change offenders' behavior.
- Implementing an evidence-based framework here in Jeffco could be a good idea for several reasons:
  1. It would improve the system.
  2. It is what citizens increasingly want.
  3. It is a better way to balance research and experience, and affirm or challenge our beliefs.
  4. It would keep the CJSPC members' thinking and involvement in projects fresh.
  5. It would challenge and excite the CJP staff.
- Members agreed that staff should monitor the National Institute of Corrections' solicitation for jurisdictions to apply for free technical assistance on this topic, and bring information back to the CJSPC.

**The next CJSPC meeting is Wednesday, July 21, 2010 from 5pm to 7:15pm in the Lookout Mountain Room. Dinner will be served.**

**The meeting was adjourned.**

Submitted by:

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Lynne P. Nieman, Criminal Justice Planning Unit

Reviewed by:

\_\_\_\_\_  
Michael R. Jones, Criminal Justice Planning Unit

Date: \_\_\_\_\_

# The Footsteps Program

Intervention

*A Non-Profit Corporation*

# Intervention

- Overview
- History of Grant

# GOALS AND OBJECTIVES

- Provide direct gender-specific treatment for substance abuse and co-occurring disorders via a continuum of treatment that begins in jail and continues post-release
- Provide case management
- Form a Stakeholder Advisory Group to facilitate transition from incarceration to community-based treatment and ancillary services
- Create peer-based mentoring program

# SAMHSA/CSAT

Funded by the Substance Abuse Mental Health Services Administration's - Center for Substance Abuse Treatment (SAMHSA/CSAT)

# CLINICAL ISSUES

- Gender-specific aspects of substance abuse, trauma, self-medication, stigma, discrimination and victimization
  - Low self-esteem and disempowerment
  - Racial/ethnic and cultural issues such as lack of trust in systems and difficulty acknowledging domestic violence, stigma
  - Family relationships and family of origin issues
  - Unhealthy, exploitive relationships
  - Interpersonal violence
  - Eating disorders
  - Sexuality, sexual functioning, sexual orientation, intimacy
- Continued...

# Clinical Issues (Cont.)

- Parenting
- Grief and loss
- Educational/vocational issues
- Health, hygiene, appearance
- Social isolation
- Lack of a vision of one's life and plan to achieve it/life skills
- Child care/custody issues
- Co-occurring disorders
- Criminogenic factors and thinking
- *TIP 23: Substance Abuse Treatment for Women Offenders*

# PROJECT DESIGN

- Jail screen
- Assessment, using the Global Appraisal of Individual Needs (GAIN) instrument, a biopsychosocial assessment that includes:
  - Clinical information
  - Family background
  - Substance use
  - Physical health
  - Risk behaviors and disease prevention
  - Mental health

Continued...

# Project Design (Cont.)

- Environment and living situation
- Legal
- Educational/ vocational
- Program evaluation
- Psycho-education classes using evidence-based practices
- Case management
- Peer mentors
- Self-help groups:
  - Double Trouble in Recovery (DTR)
  - AA/NA
  - Codependents Anonymous (CODA)
  - Winners Circle, a reentry group

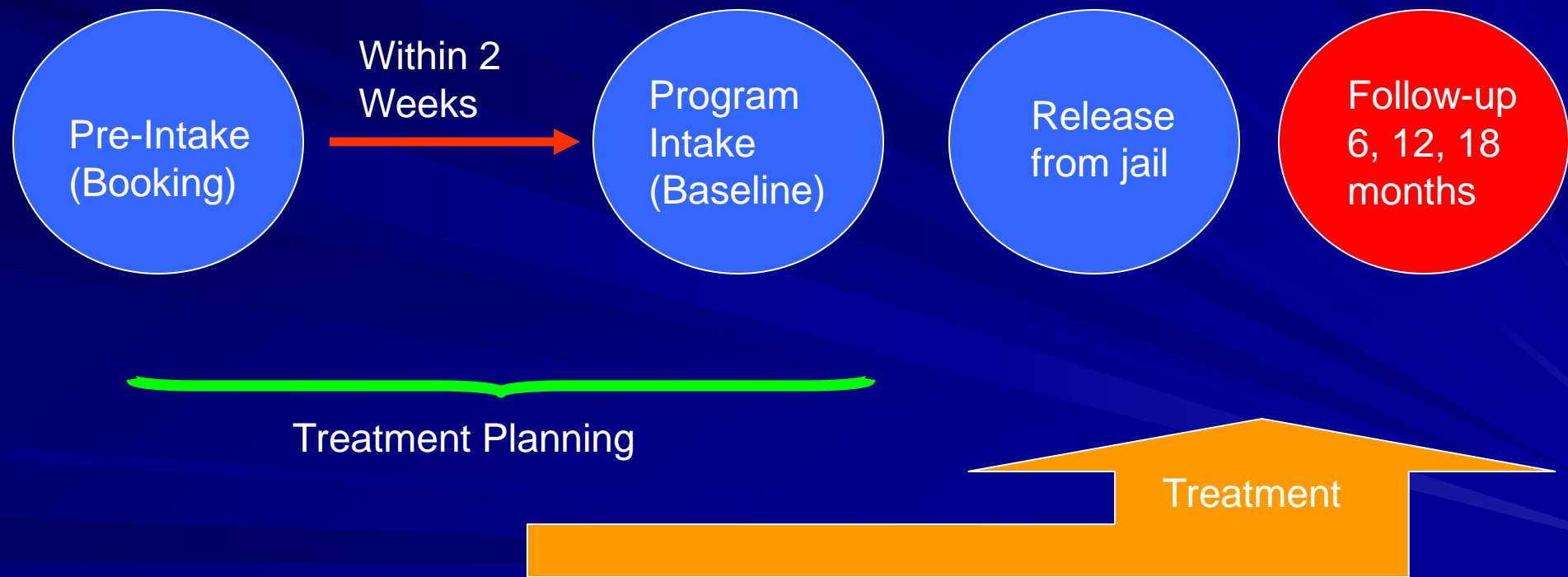
# Evidenced Based Treatment

The gender-specific treatment will use evidence based practices exclusively

Master's Level Clinical Therapists will provide:

- Cognitive Behavioral Therapy
- Anger Management for Substance Abuse and Mental Health Clients
- Seeking Safety, a treatment for women with a history of trauma and substance abuse
- Hazelden's Co-occurring Disorder Program
- Illness Management and Recovery

# Program Schematic



# FOOTSTEPS WOMEN'S PROGRAM

**Jail Intake**

**CLASSIFICATION**  
•Screen  
•Assess (GAIN)  
•Transition  
•Phoenix

•Medium  
•Maximum  
•Inmate worker  
•Community Worker

**JAIL PROGRAM COMPONENTS:**

- Seeking Safety
- Hazelden Co-occurring Disorders Curriculum
- Illness Management and Recovery
- Motivational Enhancement Therapy
- Cognitive Behavioral Therapy
- Peer Mentors
- Begin Case Management
- Family Information Program
- AA/NA/ Double Trouble in Recovery (DTR) 12 Step Group
- Dtr

**DOC**

**COMMUNITY PROGRAM:**

- Hazelden Co-occurring Disorders Curriculum
- Motivational Enhancement Therapy
- Cognitive Behavioral Therapy
- Seeking Safety
- AA/AIAnon/CODA/DTR /NA/Winners Circle
- Peer Mentors
- Case Management
- Family Programming
- Recreational Activities
- Community Corrections

**POST-GRADUATION:**

- AA/AIAnon/CODA/DTR /NA
- Winners Circle
- Serve as Peer Mentors
- Family Programming
- Recreational Activities

# Case Management and Peer Mentors

# Case Management

- Case managers will work with the women to identify their need for ancillary services and assist them in accessing needed services.
- Case managers and Peer Mentors will assist the women in making the transition from incarceration to community-based substance abuse treatment and related ancillary and reentry services.

# FOOTSTEPS PEER MENTOR PROGRAM

**What is a peer mentor?** A man or woman who is:

- In recovery from alcohol and other drug abuse and/or mental illness
- Has been incarcerated at some time in his or her life

# CRITERIA FOR PEER MENTORS

- Minimum 90 days experience as an inmate
- Minimum six months after release from jail/prison for people who completed treatment while in prison
- Working a recovery program
- Minimum 12 months clean and sober: zero tolerance for marijuana; careful review of prescription medications
- Undergo a screening process, which includes a criminal background check and drug screen
- Complete a minimum of 16 hours of orientation and initial training
- Undergo ongoing training and biweekly supervision

# SERVICES PEER MENTORS CAN PROVIDE

- Emotional Supporter--serves as an ally and confidant
- Motivator and cheerleader--encourages and celebrates achievement
- Advocate--teaches how to assertively get one's needs met
- Truth-teller--provides a consistent source of honest feedback regarding self-destructive patterns of thinking, feeling and acting
- Role model and mentor--offers his/her life as living proof of the transformative power of recovery
- Problem solver--assists in identifying and helping resolve personal and environmental obstacles to recovery
- Lifestyle consultant--assists individuals/families to develop sobriety-based rituals of daily living.

# INDIVIDUAL PARTICIPANT SUCCESS WILL BE DETERMINED BY

- Decreased jail time
- Abstinence from alcohol/substance use within the past 30 days
- Employment status
- Criminal activity
- Family relationships
- Housing status
- Participation in treatment and recovery
- Adherence to medication protocol
- Social connectedness

# Research/Evaluation

- SAMHSA/CSAT
- GAIN – Global Assessment of Individual Needs
- GPRA – Government Performance Results Act
- Matthew Taylor PhD., University of Missouri, St. Louis

Questions?

# Contact Information

Peg Rider, Ph.D. – Project Director

303-845-0811 cell

## **Ballot Initiative 92 – Criteria for Setting Bail and Type of Bond**

The initiative is attached – generally, it proposes to amend § 16-4-105, C.R.S. to:

- 1. Forbid Colorado professional pretrial service programs from recommending pretrial service program supervision for any defendant, other than one charged with a first-time, non-violent misdemeanor offense, without also recommending a cash, property, or professional surety component as a condition of release.**
- 2. Forbid judges from ordering professional pretrial service program supervision for any defendant, other than one charged with a first-time, non-violent misdemeanor offense, without also ordering a cash, property, or professional surety component as a condition of release.**

According to Colorado Legislative Council (CLC) Staff, the petition format for this initiative has been approved by the Colorado Secretary of State's Office, and the proponents have indicated that they have started seeking voter signatures.

Therefore, CLC Staff has said they are beginning to draft their analysis for the ballot information booklet (the "Blue Book"), which includes a summary of the measure, the major arguments both for and against the measure, and a brief fiscal assessment of the measure. As they do this, they welcome input from any interested parties.

Criminal Justice Planning Staff has been told that the following web address, when activated, will allow you to see the measure and to sign up to give input on the various drafts of the Blue Book language:

<http://alamosa/LCS/Initiative%20Referendum/0910InitRefr.nsf/89FB842D0401C52087256CBC00650696>.

As of Tuesday, May 18, the website was still not activated. Until then, any questions concerning the measure may be directed to Susan Liddle, Colorado Legislative Council, at 303-866-2408, via fax at 303-866-5994, or via email at [susan.liddle@state.co.us](mailto:susan.liddle@state.co.us).

Final 92

RECEIVED

APR 09 2010

J. H. H. M.  
C.H.  
M.H.

Be it Enacted by the People of the State of Colorado,

Colorado Secretary of State

The introductory portion of section 16-4-105 and section 16-4-105 (3) (d) (VII) and (3) (d) (VIII), Colorado Revised Statutes, are amended, and the said 16-4-105 (3) (d) is further amended

BY THE ADDITION OF A NEW SUBPARAGRAPH, to read:

(d) Any pretrial services program may also include different methods and levels of community-based supervision as a condition of pretrial release. The program may use established supervision methods for defendants who are released prior to trial in order to decrease unnecessary pretrial incarceration.

IN MAKING RECOMMENDATIONS FOR APPROPRIATE CONDITIONS ON RELEASE FOR A PERSON IN CUSTODY, ONLY DEFENDANTS WHO ARE ARRESTED FOR THEIR FIRST OFFENSE, NON VIOLENT MISDEMEANOR MAY BE RECOMMENDED FOR RELEASE TO A PRETRIAL SERVICES PROGRAM'S SUPERVISION IN LIEU OF A CASH, PROPERTY, OR PROFESSIONAL SURETY BOND, AS SET FORTH IN C.R.S. 16.4-104. FURTHERMORE, ONLY DEFENDANTS ARRESTED FOR A FIRST OFFENSE, NON VIOLENT MISDEMEANOR MAY BE RELEASED TO A PRETRIAL SERVICES PROGRAM'S SUPERVISION IN LIEU OF A CASH, PROPERTY, OR PROFESSIONAL SURETY BOND, AS SET FORTH IN C.R.S. 16.4-104. The program may include any of the following conditions for pretrial release or any combination thereof:

- (I) Periodic telephone contact with the defendant;
- (II) Periodic office visits by the defendant to the pretrial services program;
- (III) Periodic home visits to the defendant's home;
- (IV) Periodic drug testing of the defendant;
- (V) Mental health or substance abuse treatment for the defendant, including residential treatment;
- (VI) Domestic violence counseling for the defendant;
- (VII) Electronic or global position monitoring of the defendant; and
- (VIII) Pretrial work release of the defendant.; and
- (IX) POSTING OF A CASH, PROPERTY, OR PROFESSIONAL SURETY BOND AS SET FORTH IN CRS 16.4-104, FOR PERSONS CHARGED WITH FIRST OFFENSE, NON VIOLENT MISDEMEANORS WHEN APPROPRIATE.

## **Initiative Proponents**

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## An Update on the Research on Evidence-Based Decision Making in Local Criminal Justice Systems, and Implications for Jeffco

Presented to  
the Jefferson County Criminal Justice  
Strategic Planning Committee  
by  
Criminal Justice Planning Staff  
May 19, 2010

### Purpose of this Presentation

- To update CJSPC members on recent criminal justice research findings and introduce a framework for improved local justice system decision-making.
- To list some implications from the research and framework for the CJSPC's work to improve the local justice system.
- Source: Adapted from "A Framework for Evidence-Based Decision-Making for Local Criminal Justice Systems: An initiative of the National Institute of Corrections" (2010, April).

## Why now?

- Appears to be a confluence of two dynamics: 
  1. Citizens and governments cannot financially afford many of the policies and practices of the past.
  2. Enough research has now accumulated, showing that more cost-effective policies, strategies, and practices exist.
- Research shows that fundamental goals of risk and harm reduction can be achieved without sacrificing offender accountability and other system outcomes.
- Some parts of the local justice system are working well, and the system can do better.
- “We must accept the reality that to confine offenders behind walls without trying to change them is an expensive folly with short-term benefits—a winning of battles while losing the war.” – former Supreme Court Chief Justice Warren Burger
- 95% of offenders return to the community.


## U.S. Justice System’s Core Values to Honor and Protect

- Public safety
- Fairness
- Individual liberty
- Respect for the rights, needs, and concerns of victims of crime
- Respect for the rights of persons accused of crime
- Respect for the rule of law
- Discretion
- Appreciation for differences in perspectives and practices across jurisdictions

## 4 principles Underlying the Evidence-Based Framework

- What is “Evidence-based?” Relies on sound theory and is effective according to rigorous scientific evaluation.
- Principle 1: The professional judgment of criminal justice decision makers is enhanced when informed by evidence-based knowledge.
- Principle 2: Every interaction within the criminal justice system offers an opportunity to contribute to harm reduction.
- Principle 3: Systems achieve better outcomes when they operate collaboratively.
- Principle 4: The criminal justice system will continually learn and improve when professionals make decisions based on the collection, analysis, and use of data and information.

## Dos and Don'ts of Recidivism (Harm) Reduction

1. Do: Use risk assessment tools: they are the gateway to risk reducing strategies.
  2. Do: Provide evidence-based programming that targets criminogenic needs for medium and higher risk offenders.
  3. Do: Address criminal thinking and problem solving skills.
  4. Do: Respond to misconduct with swiftness, certainty, and proportionality.
  5. Do: Use more carrots than sticks. 
  6. Do: Deliver services in natural community environments.
1. Don't: Expect sanctions alone to change behavior.

## Implications for the CJSPC

- Why implement a framework like this?
  - *One less offender, One less crime, One less victim.*
  - Increasingly what citizens want.
  - What gets measured gets done.
  - If it's not measured, it doesn't exist.
  - Better way to balance research and experience, and affirm or challenge our beliefs.
- Jeffco is ideally situated:
  - Have the CJSPC.
  - Have CJP staffing unit.
  - Have a habit of using a data/research-guided process for resolving issues and making decisions.
- Possibility of receiving free outside assistance from NIC and other national experts.

Comments  
or  
Questions