

Jefferson County  
2011 Letter of Interest  
Community Services Block Grant (CSBG)  
SECTION 1 (Fillable Form/No Points)

**The goal of the Community Services Block Grant is to provide financial support for programs that have a measurable and potentially significant impact on the causes and effects of poverty. CSBG funds are limited to assisting individuals/families whose incomes do not exceed 125% of poverty level. The deadline for submission is 3:00 pm Friday, July 9, 2010. PLEASE PROVIDE 1 HARD COPY AND 1 CD OF ENTIRE SUBMITTAL.**

1. Organization Name:

Address:

Contact Person for this Letter of Interest:

Phone:

E-Mail:

2. Mission Statement:

3. The applicant is a:

501(c)(3)                       Housing Authority

Governmental Agency         Quasi-Governmental Agency

4. Amount of Funds Requested: \$ 50,000

5. Which Jefferson County Goal does this project address?

a. Fiscally Responsible Government         b. Quality Customer Service

c. Safe Communities                             d. Predictable Growth

e. Mobility Options

6. The focus of 2011 CSBG funds is in meeting National Goal #6: Low-income people, especially vulnerable populations, achieve their potential by strengthening family and other supportive environments, specifically within National Indicator 6.2, Emergency Assistance (see National Indicators Summary, attached, for further detail). Please briefly describe how your program will provide emergency services and ultimately help move people toward self-sufficiency.

For many older adults who are ill or frail and limited in function, meeting basic needs can be increasingly difficult. Care Management Solutions has seen an increase in those who require emergency assistance with past due rent or utility bills, or a rental deposit necessary in order to move to more appropriate housing. Due to the economic crisis, others postpone medical care or do not fill prescriptions, because they must choose to spend their money on either health care or food costs. Emergency assistance will be used to cover the cost of food, medications (including those to treat mental health conditions) and other costly medical items not covered by insurance, such as dentures or hearing aids; some will also receive basic home repairs and modifications that will ensure safe living, thus extending one's ability to remain in the community. Each case will be evaluated for the immediate assistance necessary to stabilize a client, while the assigned care manager also begins to implement other aspects of the care plan that will ensure self-sufficiency for as long as possible.

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SECTION 2 (point section)

**PLEASE LIMIT THIS SECTION TO 2 PAGES**

(you may use separate sheets of paper for this section)

**1. Provide a 250 word abstract describing your project or program. (30 points)**

The Care Management Solutions (CMS) Program of Lutheran Family Services of Colorado offers care coordination that provides access to affordable resources giving older adults tools to function at their highest level while living in the least restrictive, safe environment. Care management services available include assessment, care planning and implementation, counseling, consultation, monitoring, and follow-up. The program has a strengths-based and holistic approach that connects people to services and provides assistance in planning for the future. Because of increased need for services to the most vulnerable older adult populations in our communities, CMS has designed a brief-intensive intervention model, which allows time for care managers to build trusting relationships with older adults while moving towards appropriate services and supports. For this project, CMS care managers will use this model to offer a combination of Care Management, Counseling and/or Emergency Services to older adults in Jefferson County, based on need. These services will address practical issues as well as emotional ones that may be impacting a client's ability to continue living independently. Typically, a care manager will work with a client for approximately nine months with termination of services occurring only after the care manager is satisfied that the client is stable. Additionally, care managers serving clients funded by this project will collaborate a great deal with other county service providers; it is these relationships that result in the connection with multiple services for the client within a brief period of time and ultimately improve his/her quality of life.

**2. Describe the problem and provide data/factual evidence and list sources. (20 points)**

As the Baby Boomer generation reached 60 years of age last year, the age boom in our society was further highlighted. While Boomers comprise the ever-growing "young-old" population, an even faster growing group is the "old-old" population, those aged 85 and older. According to the DRCOG report (<http://drcog.org/documents/Jefferson%20County%20Report%20FINAL%20PDF.pdf>) "...The older adult population of Jefferson County is expected to grow by 40,985, or 58.3% between 2000 and 2012." Results of the Aging Well in Jefferson County Project, in which CMS participated, showed that the majority of older adults in the county prefer to age in their community, and that the "very old and the poor are populations of concern," especially women. ([www.co.jefferson.co.us/adultsvc/adultsvcT204\\_R2.htm](http://www.co.jefferson.co.us/adultsvc/adultsvcT204_R2.htm)). The DRCOG report also supports this concern, stating that older adults below the federally designated poverty level exhibit more disabilities for which they need assistance, depend more on public transportation, and have less discretionary income. It is this group that has been severely impacted by the recent economic turmoil, facing increased food costs, loss of housing, and rising health care expenses, all of which negatively impact one's ability to remain self-sufficient.

**3. How will your proposal specifically address this problem? (10 points)**

Experiences of the Care Management Solutions (CMS) staff support the above findings. CMS has seen an increase in requests for services for older adults who have more complex circumstances and fewer resources, both monetary and personal. Clients present with various combinations of challenges: pending homelessness, mental health issues, cognitive decline, abusive relationships, dysfunctional support systems, and physical disability. While facing even one of these challenges can be difficult enough, those living with multiple unaddressed issues often lose their ability to be self-sufficient and contributing members of their communities. Serving this more vulnerable, economically disadvantaged sector of the older adult population is a priority of the CMS program, to ensure that they have equitable access to services that allow them to remain functioning at their highest level and living in the least restrictive, safe environment for as long as possible.

CMS care manager activities range from developing a plan for comprehensive services to accompanying the older adult to medical appointments, ensuring legal and medical-related documents are completed, arranging home health services, providing mental health counseling, conducting family planning meetings, assisting in

settling into a more appropriate living arrangement, and monitoring the health and safety of the client. Care Managers also access emergency funding to help in a variety of ways including: preventing homelessness, meeting co-pays for much needed medical or mental health treatment, and accessing durable medical equipment and food resources.

**4. What are the outcomes that will indicate that you are addressing the problem? (10)**

- By self-report on the CMS consumer satisfaction questionnaire and case documentation, 20 out of 25 (80%) of older adult clients or their caregivers will indicate that the care management services received enabled the older adults to function at their highest level, given their situation.
- By self-report on the CMS consumer satisfaction questionnaire and case documentation, 20 out of 25 (80%) of older adults and/or their caregivers will report that the counseling services received enabled them to cope better with their situation, thus increasing their self-sufficiency.
- As indicated in case documentation, 20 out of 25 (80%) of care management clients are connected with and utilize at least three additional resources (including emergency services) determined to be needed by geriatric care manager assessment.

**5. Describe who and why you targeted the population identified in your proposal; include things such as age, gender, ethnicity, geographic area, etc. (10 points)**

While Lutheran Family Services provides care management services to older adults on a sliding fee scale, we receive a significant number of requests for services from lower income individuals who cannot afford even our lowest hourly rate. This project targets individuals who are economically and/or socially disadvantaged due to its focus on low income, minority, frail, and homebound individuals, as well as those with limited physical and mental capabilities. We successfully serve clients with various levels of dementia, significant and persistent mental illness and/or chronic medical conditions. Finally, we serve clients from various minority groups including, but not limited to, African American, Latino, and gay, lesbian and transgender individuals.

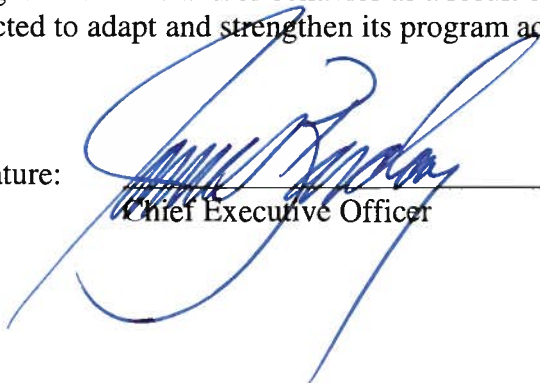
**6. How many people will be assisted through your project/proposal and what is the cost per served party? (10 points)**

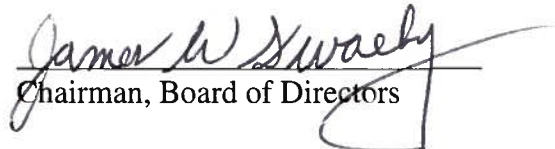
This project will provide Emergency Services as well as Care Management and Counseling to at least 25 unduplicated clients in Jefferson County. Because we are targeting those individuals that have fallen through the cracks of the health care and numerous other services systems and have fewer supports available to them, the cases are typically more complicated and require more time to develop and implement the care plan. All clients will receive care management services under this project and, when appropriate, some will receive counseling services and/or emergency funding. CMS will provide 15 clients with 24 units (12 visits) of care management service at \$75 per hour (\$27,000) and will provide 15 clients with 12 units (6 visits) of counseling service at \$75 per hour (\$13,500). CMS is requesting \$9,500 for emergency funding to be used for emergency food, fuel, utility funding, rent or mortgage assistance, car or home repair, temporary shelter, medical/mental health co-pays, legal assistance, and/or transportation. The total request for the project is \$50,000; the average cost per party served will be \$2,000.

**7. How will you collect data and measure effectiveness? Provide an assessment plan. (10 points)**

CMS uses both an annual consumer satisfaction survey and ongoing care manager documentation to determine effectiveness. The survey specifically asks the client for feedback based on the outcomes mentioned earlier. Specific measures include the number of referrals and services actually used, and changes in attitude and/or behavior as a result of counseling services received. CMS uses the data collected to adapt and strengthen its program accordingly.

Signature:

  
Chief Executive Officer

  
Chairman, Board of Directors