

COMMUNITY RESOURCE LIST

EMERGENCY/URGENCIAS:

Poison Center (Rocky Mountain).....	303-739-1123
Police, Fire, Ambulance.....	911
Suicide and Depression Crisis Hotline	1-800-784-2433 or call 911

BREASTFEEDING / AMAMANTAR:

Bosom Buddies – Breastfeeding consultation & pump rental (Medicaid does not cover)..... \$25.00 per class, consults \$70.00 per hour.	303-482-0109
Exempla Lutheran Breastfeeding classes.....	303-425-2929
HealthOne Alliance Lactation Program	303-320-7081
JCDHE – WIC Breastfeeding Classes	Arvada: 303-275-7510 Conifer: 303-838-7552 x 24 (Has Spanish Breastfeeding class) Edgewater: 303-239-9580 Golden: 303-216-0344 Lakewood: 303-239-7143
La Leche League of Colorado..... Support and Education (free) [mother to mother support] or check the local directory.	303-779-6722
Medela Inc. (pump rental stations), also access to lactation consultant.....	1-800-435-8316
Mothers Milk Bank (Regional) Donors and Recipients.....	303-869-1888
Check the hospital where you delivered – most have Breastfeeding classes.	

COUNSELING/ASESORIAMIENTO: - See Separate List

A.M.E.N.D. – Abusive Men Exploring New Direction	303-832-6363
Advocacy to the partners court ordered and voluntary counseling (men).	
Catholic Charities-(Metro wide referral to specific counseling source).....	303-742-0828 English x 631 Spanish x 601
Denver Indian Health & Family – (Mental Health & Substance Abuse).....	303-781-4050
Jefferson Center for Mental Health, <u>24-hour line</u>	303-425-0300
Jewish Family Service – Sliding Fee Counseling.....	303-597-4890
Karlis Family Center-family violence and supervised visits for non-custodial parents.....	303-462-1060
Rape crisis Hotline – 24hr line	303-322-7273
RAAP (Rape Assistance and Awareness Program) – 24 hour hotline.....	303-329-9922
Services de la Raza Mental Health and Social Services Center.....	303-477-3817
Jefferson County Department of Health and Environment.....	303-239-7162
Special Connections for pregnant women and Substance Abuse Counseling.	
Women in crisis – 24 hr. crisis line.....	303-420-6752

CHS/Resource/Clientre

JCDHE 7/93,2/94,4/95,5/96,4/97,11/98,4/00,6/01,3/03,4/04,12/04,8/05

**Resources compiled as a service to the public. Jefferson County Department of Health and Environment does not assume any responsibility or liability for the actions, policies, or services of the agencies or resources provided here.*

CPR/FIRST AID TRAINING/RCP/PRIMEROS AUXILIOS:

- American Heart Association1-877-242-4277
www.americanheart.org
- American Red Cross303-722-7474
www.denver-redcross.org
- Colorado Family Service303-935-3199
- Heart Smart303-456-8543

DENTAL RESOURCES/RECURSOS DENTALES: - See Separate Dental List

- Dazante DHCA303-430-7399
Low Income Dental Program. Medicaid and Cash. Adult and Children.
- Inner City Health Center – for low income persons (English & Spanish)303-296-4873
- Kind Dental Clinic at Warren Tech303-733-3710
(Ages Birth to 18 years old)
- MCPN Jeffco Dental Clinic303-239-9964
Women and children
- New Hope – Dental Services720-956-0310
4200 W. Conejo Pl. LL5 – Denver 80204
- University of Colorado – Dental School303-315-8751

EDUCATION/EDUCACIÓN: - See Separate List

- McLain Community High School-Adult High School and JCAPP, 13600 W. 2nd Place, Lakewood 80228
(Serves the Metro Area)303-982-7460
- CHILD FIND
202 Kipling St., Temp 2, Lakewood, CO 80226
Developmental, audiological screening, testing – up to 5 years – R1 Jeffco Schools.....303-982-7247
- Developmental Disabilities Resource Center (DDRC) – Admin. Office303-233-3363
1177 W. 8th Ave., Suite 300, Lakewood 80215
- GED Testing Center303-982-8633
- Head Start: For children from low-income families
Lakewood (City of Lakewood runs their own Head Start).....303-275-3400
Jefferson County Head Start’s303-271-4693
- Jefferson County Dept. of Health and Environment, Health Education303-275-7555
- Jefferson County First Steps Resource Council (Part C) Children with Special needs303-273-1550
- Spring Institute – Adult basic Education English classes – low cost303-863-0188
- Warren Tech303-982-8600

EMPLOYMENT/EMPLEOS: - See Separate List

- Jefferson County Colorado Works Program / TANF.....303-271-4748

Job Service Center – Youth Services 303-922-8422

Tri County Work Force Center – 730 Simms St, 3rd floor 303-271-4700

EYE CARE/CUIDADO DE LOS OJOS: - See Separate List of Vision Resources

Colorado Optometric Center – All ages – low cost exam and glasses 303-295-2402 ext. 17

Jefferson County Public Schools – vision vouchers for school age children 303-982-7276

Lions Club of Denver - assistance with glasses only (non-Medicaid) Child and Adult..... 720-848-2506

FOOD/ALIMENTACIÓN: - See Separate Sheet for Food and Emergency Food

Arvada Food Bank 10405 W. 64th Place, Arvada, Serves Arvada 303-424-6685

Evergreen Christian Outreach – serves Evergreen, Conifer, Kittridge, & Bailey 303-670-1796
Must call and be screened.

Food Program (Telephone for information) – Jeffco residents only-by zip codes 303-271-4650
 Both recordings 303-271-4447

Food Stamps – (Jeffco Dept. of Social Services) 303-271-1388 or 303-271-4047

Jeffco Action center, 8755 W. 14th – call for times Food Bank is open..... 303-237-7704

Senior Resource Center – 55 and older - must call. Limited amount – emergency food. 303-238-8151

Share Colorado..... 303-428-0400
 Distribution of food 1 time a month, boxes for ½ price (boxes cost \$11.00 - \$21.00) and 2 hours of volunteer time per box.

WIC (Food supplements for Pregnant Women, Infants and Children) Arvada 303-275-7510
 Conifer M, T, Th, F, call (303) 275-7515, Wed. 303-838-7552
 Edgewater 303-239-9580
 Lakewood 303-239-7143

HOUSING/VIVIENDAS: - See Separate Sheet for Housing and Emergency Shelters

Bridgeway – Housing for single pregnant women 303-969-0515

Family Tree (Women in Crisis) Shelter 303-420-6752
 Comprehensive Housing 303-467-2604

Housing-Section 8 and Public Housing Program
 Arvada Housing Authority (Section 8 only) 720-898-7480

Jeffco Action Center Tenant Landlord Counseling - Hotline 303-237-0230
 Shelter and housing assistance and tenant/landlord counseling.

Jefferson County Housing Authority – (Section 8)..... 303-422-8600

Lakewood Housing Authority 303-987-7599
 Section 8 and Public Housing/Wheel chair Accessible Housing.

LEAP Nov → April, Jeffco 303-271-4399
 Other months, use (1-800-432-8435)

Sun Power, Inc. – Weatherization services, elderly, small children, disabled 303-382-1514
Leap, Medicaid, OAP, and income qualification. Serves Denver & Jefferson County.

Urban, Esprit - Low Income housing, all size families--Apts. All areas (Not Emergency Housing) 303-850-7440

IMMUNIZATIONS/INMUNIZACIONES:

Jefferson County Department of Health and Environment—Information 303-232-6301
Times and locations of clinics—recording..... 303-239-7187
Appointments 303-239-7033

MEDICAID/MEDICAID:

EPSDT, (Medicaid Referral) 900 Jefferson County Parkway. 303-271-4375
For assistance to find a doctor, dentist, or help with glasses, call one of these numbers 303-271-4379

Health Colorado – to find an MD who accepts Medicaid 303-839-2120

Jefferson County Dept. Social Services, 900 Jefferson County Blvd., Golden..... 303-271-1388

Medicaid – Customer Service (Health Care Policy & Financing) 303-866-3513

Medicaid First Help: Health Care Advice..... 1-800-283-3221

Medicaid Transportation Line – To arrange ride for a medical appt..... 1-800-284-5150

APPLICATION SITES FOR MEDICAID AND CHP+:

Jefferson County Department of Health and Environment 303-232-6301

Jefferson County Department of Human Services – 900 Jefferson County Parkway 303-271-1388

MCPN (Call for an appointment) Lakewood..... 303-239-9964

R-1 School District (Call for an appointment) Health Services & Medicaid..... 303-982-7276

MEDICAL/CUIDADO MEDICO: - See Separate Lists and Clinics in Yellow Pages

Carin Clinic – Arvada..... 303-423-8836

Clear Creek Valley Medical Society, 7536 W. 17th Ave., Suite #101 303-232-1428
Referral service to: locate a doctor if insured, need DOT PE (Department of Transportation physicals, etc.)

Colorado Indigent Care Program (CICP) – for those who do not qualify for Medicaid.

Places to apply for Colorado Indigent Care Program..... The Children’s Hospital – 303-861-6403
(If seen in ER) Exempla Lutheran – 303-425-2747
MCPN -303-761-4825
(If seen in ER) UCHSC – 303-372-8333

Exempla Green Mountain Medical Center, 12057 W. Alameda Pkwy 303-988-4870

High Street Primary Care Center 303-869-1830

Immediacare Urgent Care, 605 Parfet, Lakewood 303-462-2273
Regular Medicaid and private pay.

Inner City Health Center 303-296-1767

MCPN call center 303-761-4825

PARENTING/SERVICIOS DE EDUCACÓIN PARA HACER PADRES: - See Separate Sheet for Parenting

Adoption – in yellow pages under adoption and see separate list titled Pregnancy Options.

American Red Cross – West Branch CPR, First Aid Classes 10030 W. 27 th Ave.	303-237-7785
Assistance with Grief , Swedish Medical Center	303-788-5677
Support group for women who have been recently pregnant & suffered fetal or newborn loss.	
Birthright, 2346 Gilpin St. (call first).....	303-832-2858
Require letter from CHN and referral for girls to obtain services, clothes, etc. Letters not available unless girl is in one of our programs, i.e., Partners or Prenatal Plus.	
Bridgeway, 85 S. Union, Lakewood	303-969-0515
Housing for pregnant, single women, counseling, training, mentoring and prenatal care.	
Colorado Fetal and Newborn Loss, (support program for those grieving miscarriage, stillbirth, or early.....	303-344-7597
infant death).	
F.A.C.E.S. (Family and Community Education and Support)	720-570-9333
Families First – parenting classes www.familiesfirstcolorado.org	303-745-0327
Family Support Line - a referral service for parenting classes.....	303-695-7996
Court ordered – Spanish, etc.	
MOPS (Mothers of Preschoolers)	303-733-5353
Paternity Testing & Information (Jefferson County Child Support Division)	303-271-4300
Solace Pregnancy & Newborn Loss Support Program.....	303-425-2229
Exempla Lutheran (Women’s Health Services) Parents may call directly.	

PRESCRIPTION ASSISTANCE/ASSITENCIA PARA MEDICAMIENTOS

Meds by Mail	1-800-498-2014
Discount mail order pharmacy for discount prescriptions, will need method and payment, MD and Rx from MD.	
Pfizer Helpful Answers	1-866-706-2400
Access to a number of Pfizer programs for free to low-cost meds, dependant on income eligibility.	
Rx Assist at Centura.....	303-899-5581
Works with clients to find programs with drug companies for discounts for meds, need names of meds; MD name, address and phone number; Social Security number; and financial information.	

SENIORS/SERVICIOS PARA ANCIANOS:

Alzheimer’s Disease and Related Disorders Assoc., 455 Sherman St., Suite 500.....	303-813-1669
Counseling, education and resources.	
Assistance to locate a doctor who accepts <u>Medicare</u>	Statewide 1-800-544-9181
Centura Health Insurance Counseling for Seniors and Disabled persons on Medicare	303-899-5151
Grandparents Resource Center (assistance with custody issues)	303-980-5707
Medicare Choices Helpline	1-800-633-4227
When in menu, ask for operator to get list of doctors accepting Medicare.	

Senior Resource Center (resources and information for seniors).....	303-238-8151
Transportation – Community Wheels	303-235-6972
Widowed Persons Service (AARP)	303-764-5996
<u>OTHER/OTROS SERVICIOS:</u>	
Colorado Legal Services (Main Office) serves Jefferson County.....	303-837-1313
Colorado SIDS Program, Inc., (Sudden Infant Death Syndrome) 425 S. Cherry St., Suite 890, Denver, 80246	303-320-7771
Consumer Credit Counseling Service (se habla español)..... See credit and debt counseling in the Yellow Pages.	303-632-2227
Child Abuse Reporting.....	303-271-4131
After hours & holidays.....	303-271-1388 303-271-4357
Jeffco Action Center, Clothing, Food, Housing, Information, Diapers, Medicine. 8755 W. 14 th Ave.	303-237-7704
Mile High United Way (Help line) – Resource Information	303-433-8383
www.unitedwaydenver.org	2-1-1 non-emergency resources
Social Security Office, 13151 W. Alameda Parkway, Lakewood	1-800-772-1213
www.socialsecurity.gov .	
Vital Records, Jefferson County Vital Records	303-271-6450
800 Jefferson County Pkwy., Dakota Bldg., Suite 1300; Golden 804 Colorado State Health Department, 4300 Cherry Creek Drive; Denver	303-692-2200