

Actions/Activities – for information about how, use the # provided or call 3-275-7555	Point Value
Display tobacco-related messages in car window or on car somewhere (QuitLine magnets on bumper)	3
Display tobacco-related messaging on decals posted at home or work	3
Participate in the Smoke-free Homes & Autos pledge challenge	3
Put up posters (we have them) in your work space communicating tobacco prevention message	3
Post information/brochures in break rooms at work or at your doc's office; periodically replenish	3
Post Clean Indoor Air Act signage (get free signs from the TPI – call Ed Ellis at 303-275-7555)	6
Call-in/report to Ed Ellis or local law enforcement w/ concerns re: possible smoke-free law violations	6
Call-in/report to Jeremy Vann at 303-275-7556 re: suspicious tobacco sales/not checking id's, etc.	6
Give a merchant info card to retailers when you see them doing the right thing (i.e., asking for id)	6
Share tobacco-related brochures/info with others (i.e., SHS info to your childcare provider)	6
Arrange for a meeting with TPI staff and your HR/benefits staff to address cessation resources	6
Have articles included in employee newsletter/website/etc. (we'll provide the articles/ideas)	6
Have articles included in church bulletins, doctor's/club newsletter, etc.	6
Attend a public hearing about tobacco-related ordinances	6
Recognize (i.e., give a "Breathe Easy" Award) people who do something to support tobacco control	6
Get permission and chalk the smoke-free entranceway perimeters (usually 15') at your work	6
Lead or arrange for a brief presentation at your organization's event	6
Volunteer to cover the tobacco-related info booth at a community event/health fair	6
Wear the Ciggy Butts costume at a community event/health fair	6
Create/post your own yard signs to support tobacco control messages and/or local policy initiatives	6
Bring a friend to a TF Jeffco meeting or area Coalition meeting	6
Collect pledge/signatures on cards in support of strong local tobacco/SHS laws	10
Be a buddy to support someone in quitting tobacco	10
Host/co-lead an informational class at your jobsite	10
Bring a Great American Smokeout Challenge to your worksite, club, etc. – contact Flo at 3-275-7509 for	10
Arrange to have an in-service with key work staff about tobacco issues work policies	10
Co-lead a cessation support group at work (we'll train you!)	10
Write a letter to the editor about a key tobacco issue	10
Call/write your local elected officials about tobacco-related policy issues	10
Speak/Testify at a public hearing around a tobacco-related ordinance	10
Meet with your local elected official to promote their support/leadership	10
Other Ideas	
If you're involved with your neighborhood group or HOA – do something around tobacco control	Points can vary
Use social networking technology in some creative ways to promote tobacco control	Points can vary
Volunteer at/support a school in doing something around tobacco control	Points can vary
Host or participate in a cigarette butt cleanup	Points can vary
Other:	
Other:	
Other:	
Other:	