








Stay Healthy

2007/2008 Flu Season



-  Stay home when you are sick.
-  Wash hands often with warm soap and water.
-  Cover mouth and nose when coughing and sneezing.
-  Do not share eating utensils, drinking glasses, tooth brushes or other personal items.
-  Avoid touching your eyes, nose or mouth.
-  Get annual flu shot.
-  Stay up to date on immunizations.



CALL TODAY
FOR YOUR
APPOINTMENT
303-232-6301

Jefferson County
Immunization Clinics

<http://health.jeffco.us>
www.immunizecolorado.com



2007/2008 Flu Season

Coming soon to JCDHE Clinics:
Denver Visiting Nurse Association (DVNA)

Oct. 2nd - 12:30pm to 3:30pm in Lakewood

Oct. 4th - 1:00pm to 4:00pm in Arvada

Oct. 9th - 10:00am to 1:00pm in Arvada

Oct. 11th - 8:00am to 12:00pm in Lakewood

Oct. 16th - 12:30pm to 3:30pm in Lakewood

\$25.00 for flu shots, \$40.00 for pneumonia vaccine, \$30.00 for flu mist.

DVNA accepts Medicare