

**Routine Visits for Family Planning Clients
by Contraceptive Methods:**

Pill Users: 3 months after receiving the pill, then every 6 months.

Diaphragm Users: Within 1 month after receiving diaphragm, then once a year.

Depo Provera: Every 12 weeks.

Foam & Condoms: Once a year or as needed.

IUD Insertion: 1 month after insertion, then once a year for annual exam.

Implanon: 1 month after insertion, then once a year for annual exam.

Emergency Contraception: Call for service.



Public Health... Everyday, Everywhere, Everyone



**Clinic
Hours & Services**



- Family Planning
- HIV Counseling & Testing
- Sexually Transmitted Diseases (STD)
- Sport Physicals
- Teen Physicals
- Cancer Screening
- Adult Health

Jefferson County Public Health

Lakewood Arvada

(303) 232-6301

www.jeffco.us/health

May 2011

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303-232-6301

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Public Health...Everyday, Everywhere, Everyone

We Are Here...

Lakewood Clinic

303-239-7078

260 S. Kipling Street

Lakewood, CO 80226

(southwest wing of building)

To Help You...

Arvada Clinic

303-275-7500

6303 Wadsworth Bypass

Arvada, CO 80003

Please Call Us...

- ✦ Family Planning
- ✦ HIV Counseling & Testing
- ✦ Sexually Transmitted Diseases (STD)
- ✦ Sport Physicals
- ✦ Teen Physicals
- ✦ Cancer Screening
- ✦ Adult Health



Clinic Hours

Clinic visits are by appointment only!

Mon. Wed. & Fri. 8:00am - 5:00pm
Tuesday 8:00am - 12:00pm
Thursday 9:00am - 6:00pm

HIV, STD & Reproductive Health

Mon - Fri (HIV/STD) *call to schedule appt.*

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Charges for clinic services are on a sliding fee scale based on income. Services will not be denied due to inability to pay.

Immunization clinics are by appointment only.
Please call the Department's main switchboard at:
303-232-6301
to schedule an appointment at the Lakewood or
Arvada immunization clinics

For Emergencies call: 911