



## **2011 Evidence-Based Solution-Focused Brief Therapy Summer Intensive**

**Co-Sponsored by the Denver Center for Solution-Focused Brief Therapy and the Institute for Solution-Focused Therapy**

### **July 25-29 and August 1-2**

International solution-focused trainers, consultants, and authors, Yvonne Dolan and Teri Pichot invite you to join them in beautiful Denver, Colorado this summer for an energizing week of learning, collaboration, and networking. This training includes the most recent developments in the evidence-based solution-focused approach as well as timely and frequently requested Solution-Focused Brief Therapy topics. Yvonne will demonstrate solution-focused techniques for working effectively with people experiencing PTSD symptoms related to traumatic incidents, domestic violence, and childhood abuse and will offer practical solution-focused protocols readily applicable to working with multi-problem individuals, couples, and families. Teri will share her experience working with some of the most difficult, mandated, substance-involved clients as well as her love of integrating therapy dogs into this powerful evidenced-based approach. As previous workshop attendees can readily attest, Yvonne's and Teri's combined 50 years of clinical experience, complementary teaching styles, inclusive warmth and humor create a uniquely rewarding and memorable experience. Further, participants who are already actively teaching and training in the field of evidence-based Solution-Focused Brief Therapy, are invited to stick around for two additional days to acquire advanced solution-focused teaching skills, and develop unique applications specifically tailored for your own training, coaching, or consultation work.

Monday, July 25, 2011 9:00 AM - 3:30 PM

### **Solution-Focused Brief Therapy Refresher Course**

This energizing, dynamic workshop offers a succinct, practical overview of the fundamentals of the Solution-Focused Brief Therapy approach applicable to a variety of therapeutic and professional contexts. This is the ideal workshop for someone new to the solution-focused approach as well as for experienced solution-focused practitioners wanting to refresh or refine their understanding of the basics of SFBT as developed at the Milwaukee Brief Family Therapy Center and documented in research studies demonstrating evidence-based effectiveness. This important workshop will form the foundation of our work together throughout the week and will serve as the opening of the week-long summer intensive. Beginners as well as advanced practitioners will benefit from participating in this high energy day.

Tuesday, July 26, 2011, 9:00 AM - 3:30 PM

**Addressing Habits and Creating Positive Addictions: A Solution-Focused Approach**

Habits come in many forms; substance dependence, problematic gambling, overeating, procrastinating. Because the Solution-Focused Brief Therapy approach affords a markedly different, more empowering, stance in relation to habits and addictions, it can be especially helpful in contexts where other approaches may have previously been less effective. This workshop will explore what works and how we can effectively work with clients to transform these behaviors. Join us for a day of discussion, role play, and learning.

Wednesday, July 27, 2011, 9:00 AM - 3:30 PM

**Using Solution-Focused Brief Therapy with Couples and Families**

Working with couples and families brings its own challenges. Practical ways to help the family, couple, blended or non-traditional family, parent/child dyad, or caregiver/child dyad to create a shared miracle and to work together to make desired changes will be the primary focus of this day.

Thursday, July 28, 2011, 9:00 AM - 3:30 PM

**Finding Miracles despite a History of Significant Trauma, Devastating Loss, or Horrific Abuse**

It has sometimes been mistakenly assumed that Solution-Focused Brief Therapy is not the approach of choice when working with clients who have experienced significant trauma. This workshop challenges that belief and will demonstrate how this powerful approach can offer the very healing and future vision that clients who struggle with the devastating effects of trauma need.

Friday, July 29, 2011, 9:00 AM - 3:30 PM

**Working with Animals to Create Miracles**

Those of us who have lived with pets can readily understand the powerful and healing context that animals' presence can bring to counseling, therapeutic, medical, and educational settings. However, bringing a pet into a professional therapeutic setting can also have negative consequences if not done purposefully and with forethought. This workshop (co-taught with a nationally registered therapy dog!) will explore and demonstrate how professionals can effectively utilize the therapeutic power of an animal in all aspects of Solution-Focused Brief Therapy. The Miracle Question, Scales, Difference Questions, Relationships Questions, and more can all be enhanced with the very presence of a therapy dog.

Monday and Tuesday, August 1 & 2, 2011, 9:00 AM - 3:30 PM

**Training the Trainers: Advanced Training for Solution-Focused Trainers and Workshop Leaders**

The final two days target professionals who have already honed their skills in Solution-Focused Brief Therapy, are currently actively training or have experience training, and would like to further enhance those skills. Advanced concepts will be explored, and the focus will be on assisting participants in building upon these existing skills to reach their training and consulting goals. We will also discuss ways participants can work to develop and initiate local, national and international solution-focused teaching opportunities.

To register go to [www.denversolutions.com](http://www.denversolutions.com)