

The 6 Steps of Handwashing

Jefferson County
Public Health

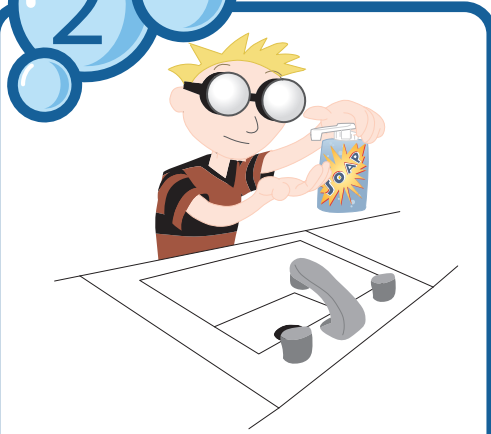
www.jeffco.us/health
303-232-6301

1



Step #1:
Wet your hands with warm water.

2



Step #2:
Apply soap.

3



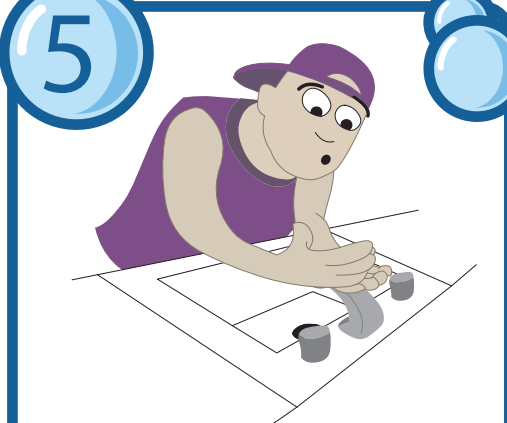
Step #3:
Rub your hands together, and even get
between those fingers for 20 seconds.

4



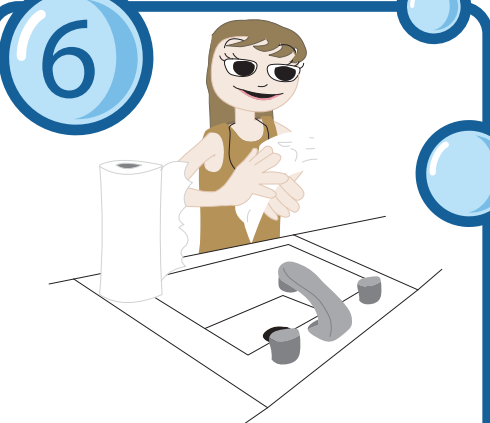
Step #4:
Don't forget your fingernails.
Use a nailbrush if you have one.

5



Step #5:
Rinse the germs away.

6



Step #6:
Dry your hands.

