



Jefferson County Public Health
Environmental Health Services
1801 19th St Golden, CO 80401
(303)271-5700

Training list for Child Care staff

1. Nothing should be stored on the diaper changing tables that is not required for diapering. Especially no food or drinks.
2. Ensure that children are fully cleaned after diapering and that no fecal material remains on the body.
3. After toys are mouthed, they must be removed and sanitized before another child plays with it.
 - a. For sanitizing toys, table tops, and sleeping mats, use a solution of bleach that is 50-100 ppm or another EPA approved sanitizer.
 - b. Universal precautions (diapering, vomit) is normally a $\frac{1}{4}$ cup bleach per gallon (16 cups) of water.
 - c. However, **to effectively kill Norovirus, use a 10% solution of bleach: 1 cup bleach per 9 cups of water.**
4. Ensure that children's hands are washed prior to meals, after diapering or using the restroom, after contact with any body fluids, and all other necessary times.
5. If a child vomits at the school, the room must be evacuated immediately. Whoever cleans up the child, as well as the area contaminated, must do so with the 10% solution of bleach and wear a mask.
6. Do not go to work if experiencing diarrhea and/or vomiting. Do not return to work until **48 hours after your last symptom**. Diarrhea is defined as: **abnormally frequent evacuation of watery stools**. Keep in mind, stool patterns in young children are highly variable. It's important to know what's normal for the child in your care.
7. Children must be sent home after one unexplained episode of vomiting and/or diarrhea. They cannot return until **48 hours after their last symptom**.
8. Each child must be checked upon arrival for signs of illness, and ask each parent how the child has been.
9. The Child Care Center Director or Assistant Director must be notified of any illness in children or staff immediately.
10. If you are unsure about anything in this list, please ask the Child Care Center Director or Assistant Director.