



**Jefferson County Public Health**  
**1801 19<sup>th</sup> St., Golden, CO 80401**  
**Communicable Disease Prevention and Control Program (303) 232-6301**  
**Environmental Health Services (303) 271-5700**

### ***CLEANING FOR NOROVIRUS IN THE HOME***

If someone in your household has been or is currently experiencing symptoms of diarrhea and/or vomiting, please be sure to follow these cleaning procedures to decrease the chance of the illness spreading to other family members:

1. Use a 10% solution of household chlorine bleach (one cup of bleach per nine cups of water) to clean the area where the diarrhea and/or vomiting occurred. The solution needs to stay on the surface area for one minute to be effective. Due to the solution's high concentration, it should be rinsed off with water immediately after one minute. Hands need to be washed immediately after using the bleach solution with warm water and soap.

\* Please be careful when using this solution, it is strong enough to bleach clothing and carpets.

2. Try to minimize contact and inhalation when cleaning diarrhea and/or vomit. Flush any feces or vomit in toilets immediately. Norovirus can be spread through airborne transmission.

3. Soiled linens and clothing should be handled as little as possible. Any linens or clothing soiled with diarrhea and/or vomit should be laundered separately in a hot water cycle.

4. Remember, some people may be infected with norovirus without having symptoms of diarrhea and/or vomiting. These individuals will still shed the virus in their feces. This reinforces the need for good hygiene and hand washing.