

**BE Engaged! BE Empowered! BE Involved!**

# Join the BE Team!

Breathe Easy (BE) Teams are high school clubs in Jefferson County working on tobacco prevention efforts in schools and communities.

- ▶ BE an advocate for change
- ▶ Improve health & the environment
- ▶ BE a leader in tobacco prevention
- ▶ Build your resume
- ▶ Get cool gear and stuff!



**Help the Next Generation BE Tobacco-Free!**



For more information, contact Christie Preston  
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Web [TobaccoFreeJeffco.com/BE-Teams.html](http://TobaccoFreeJeffco.com/BE-Teams.html)

Facebook [bit.ly/be-teams](http://bit.ly/be-teams) | Instagram [BreatheEasyTeam](https://www.instagram.com/BreatheEasyTeam)